



# Growing Our Gratitude

**What makes me happy:**

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**What I'm thankful for right now:**

1. 

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2. 

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3. 

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**I am thankful for these people because:**

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# 7 Days of Growing Our Gratitude

*Write what you are thankful for each day and share with your family members.*

**Today I am thankful for...**

**Monday:** \_\_\_\_\_

\_\_\_\_\_

**Tuesday:** \_\_\_\_\_

\_\_\_\_\_

**Wednesday:** \_\_\_\_\_

\_\_\_\_\_

**Thursday:** \_\_\_\_\_

\_\_\_\_\_

**Friday:** \_\_\_\_\_

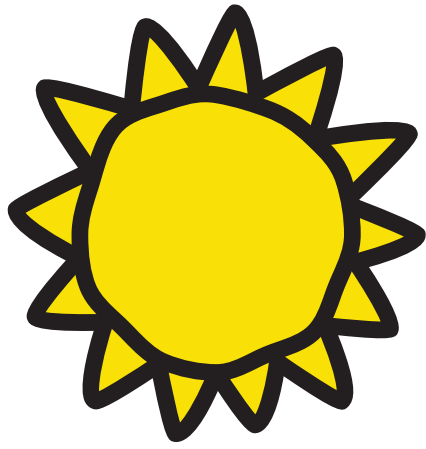
\_\_\_\_\_

**Saturday:** \_\_\_\_\_

\_\_\_\_\_

**Sunday:** \_\_\_\_\_

\_\_\_\_\_



You light up my life!  
I'm grateful for you!

To: \_\_\_\_\_

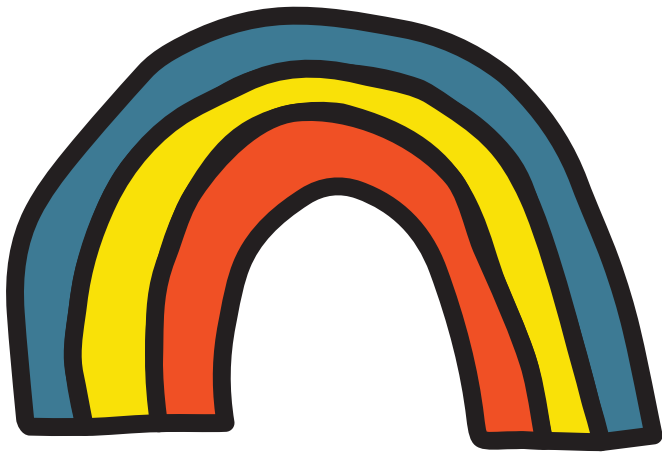
From: \_\_\_\_\_



My heart is full because of you!  
I am grateful for you!

To: \_\_\_\_\_

From: \_\_\_\_\_



I'm grateful for you!  
Here's a virtual hug!

To: \_\_\_\_\_

From: \_\_\_\_\_



Just because we can't be together  
doesn't mean I'm not thinking of you!  
I'm grateful for you!

To: \_\_\_\_\_

From: \_\_\_\_\_