

correction dose

This is the insulin dose you take for high blood glucose during the day and at bedtime.

Meal time: 1 unit per 10mg/dL over 150

Bedtime: 1 unit per 10mg/dL over 160

| blood glucose | daytime | bedtime |
|---------------|---------|---------|
| Under 150 | 0 | 0 |
| 150-160 | 1 | 0 |
| 161-170 | 2 | 1 |
| 171-180 | 3 | 2 |
| 181-190 | 4 | 3 |
| 191-200 | 5 | 4 |
| 201-210 | 6 | 5 |
| 211-220 | 7 | 6 |
| 221-230 | 8 | 7 |
| 231-240 | 9 | 8 |
| 241-250 | 10 | 9 |
| 251-260 | 11 | 10 |
| 261-270 | 12 | 11 |
| 271-280 | 13 | 12 |
| 281-290 | 14 | 13 |
| 291-300 | 15 | 14 |
| 301-310 | 16 | 15 |

continued on back

Only give correction dose if it has been **more than 2-3 hours** since the last dose of fast-acting insulin.

| blood glucose | daytime | bedtime |
|---------------|---------|---------|
| 311-320 | 17 | 16 |
| 321-330 | 18 | 17 |
| 331-340 | 19 | 18 |
| 341-350 | 20 | 19 |
| 351-360 | 21 | 20 |
| 361-370 | 22 | 21 |
| 371-380 | 23 | 22 |
| 381-390 | 24 | 23 |
| 391-400 | 25 | 24 |
| 401-410 | 26 | 25 |
| 411-420 | 27 | 26 |
| 421-430 | 28 | 27 |
| 431-440 | 29 | 28 |
| 441-450 | 30 | 29 |
| 451-460 | 31 | 30 |
| 461-470 | 32 | 31 |
| 471-480 | 33 | 32 |
| 481-490 | 34 | 33 |
| 491-500 | 35 | 34 |
| Over 500 | 36 | 35 |

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