

Meet the 2023-2024 DCH

# Residents

# Rachel Carlson, Chief

**Medical School:** Michigan State University College of Osteopathic Medicine

**Hometown:** Grand Rapids, MI

**Career Goal:** General Pediatrics...at least while I am in the military!

**One word to describe our program:** Family

**What you like most about our program:** As one of the current Chief Residents, I can confirm that the people in this program have become my family. It is by far what I love most about the program! Second to that is the autonomy you get as a trainee. I feel well prepared to go out into a potentially very rural setting in military medicine next year.

**What you like about Dayton, OH:** The bike paths, breweries, "small but big" town feel, metroparks.

**What are your hobbies:** I love to run outside! There are great paths and trails in the area that make Dayton a great place to be an outdoor runner year-round.



# Dillon Stanfield, Chief

**Medical School:** University of Louisville School of Medicine

**Hometown:** Cincinnati, OH

**Career Goal:** Primary Care

**One word to describe our program:** Dynamic

**What you like most about our program:** I have always been impressed by how the program treats each resident as unique individuals. The ability to push all residents to reach their clinical, professional, and academic potential while molding their experience to fit individual's goals and supporting them during inevitable tough times, has always stood out to me. It really feels like a family environment which I am very thankful for!

**What you like about Dayton, OH:** All the local state parks! Also the ability to live in a city where I was able to buy a house!

**What are your hobbies:** My family loves going camping and we have been able to find so many local state parks within an hour or so! Also with Cincinnati so close, we often head down to catch a Bengals or Reds game! My family is Catholic and love the Catholic presence in the Dayton area. Lastly, my wife and I became licensed foster parents during residency and received so much support from this wonderful program!



# Preston Keiffer, Chief

**Medical School:** Rutgers - Robert Wood Johnson Medical School

**Hometown:** Voorhees, NJ

**Career Goal:** Outpatient Pediatrics

**One word to describe our program:** Exciting

**What you like most about our program:** I remember knowing NOTHING about Dayton, OH, but on my interview day I met supportive and caring people who seemed to actually care about both the quality of pediatricians they produce while simultaneously showing compassion for life outside of residency (which unfortunately does not stop even though we are in training).

**What you like about Dayton, OH:** Love the Broadway Show series in Dayton and have had season tickets every year. Dayton Dragons minor league baseball games are taken almost as serious as MLB games (and that's coming from a Phillies fan). We love going to local high school sporting events or breweries or utilizing the great MetroPark system.

**What are your hobbies:** Love sports, used to be athletic and wrestled in college at Indiana University. Love video games and the Esports culture. My wife is a nurse at Dayton Children's. We have an amazing son named Oliver that was born during residency despite years of infertility issues.



# Madelaine Arthur, PGY1

**Medical School:** Kansas City University College of Osteopathic Medicine - Joplin

**Hometown:** Lewiston, MN

**Career Goal:** I am torn between outpatient and pursuing a hospitalist fellowship at the moment

**One word to describe our program:** Family

**What you like most about our program:** I appreciate everything about it: the size, the support, the superb quality of education, a diverse patient population, the amazing faculty, a top-notch facility to work in, the residents and fellows are all so wonderful, and the program is truly centered on the resident experience. I could go on and on about all of the wonderful things! Also, I have to give a shoutout to the blueberry muffins :) I knew this is where I wanted to be on my first day of my audition rotation because I just had that feeling.

**What you like about Dayton, OH:** There is a really good food scene here, first off! Everything is close by and it is easy to get around. I feel like I have everything I need here and it is easy to explore other areas as well because it is in such a good location.

**What are your hobbies:** I love volleyball! I also just love to be outside and be active. I try to have a green thumb but it's hit or miss for me. Also enjoy cooking, baking, reading and hanging out with family, friends and pets :) if you have an appreciation for mac and cheese we should chat; it's my favorite food!



# Shelbie Bennett, PGY1

**Medical School:** Marian University College of Osteopathic Medicine

**Hometown:** New Castle, IN

**Career Goal:** General Pediatrics

**One word to describe our program:** Well-rounded

**What you like most about our program:** I love the environment and positive culture built by the program. You can really feel it when you walk into the hospital. I knew I wanted to come to Dayton Children's when I witnessed how genuinely happy the residents were. They were working long hours, but enjoyed being at work. The attendings are focused on residents education and cultivate a positive learning environment. The chiefs and program administration listen to feedback (monthly!) to actively make changes to keep improving the program. I feel valued, respected, and safe to learn at Dayton Children's. I love it here!

**What you like about Dayton, OH:** I love all of the outdoor parks! There are so many metroparks to go to and explore. My dog definitely approves! Also, everything is close. I never have to drive more than 10 minutes to get to something I want to do.

**What are your hobbies:** Hiking, running, eating good food



Jay Cok, PGY1

**Medical School:** University of Toledo College of Medicine and Life Sciences

**Hometown:** Celeryville, OH

**Career Goal:** Neonatology / Hospital Medicine

**One word to describe our program:** Midwestern

**What you like most about our program:** Our program is proud to be hard working, has an old-fashioned neighborly kindness, and is topped with copious amounts of free food.

**What you like about Dayton, OH:** Dayton is the perfect mid-sized city for a resident physician, whether you're single or have a family, want to live in the buzz of downtown or the quiet space of the suburbs. Never have I been stuck in traffic, everyone and everything is 20 minutes away, and the cost of living is unbeatable.

**What are your hobbies:** I like to spend my days playing tag with my son, smashing my friends in pickleball, running, and embarrassing myself at volleyball (in that order). My favorite nights are spent around a fire, sharing Jets pizza, wine and stories with family and friends.



Dennise Cortes, PGY1

**Medical School:** Cooper Medical School of Rowan University

**Hometown:** Passaic, NJ

**Career Goal:** Undecided

**One word to describe our program:** Happy

**What you like most about our program:** I love the people! Everyone is so friendly and supportive!

**What are your hobbies:** I like reading, crocheting, spending time with family, and obviously hanging out with my resident friends!!





# Bryan Landro, PGY1

**Medical School:** University of Maryland School of Medicine

**Hometown:** Frederick, MD

**Career Goal:** Potential Heme/Onc Fellowship after completing Air Force service commitment

**One word to describe our program:** Uplifting

**What you like most about our program:** Residents, Fellows, Attendings...we all take care of each other here at DCH. There is a strong, supportive, communal atmosphere here which is something that attracted me to the program.

**What you like about Dayton, OH:** Dayton is a very family friendly city! The cost of living is reasonable, and good people seem to live here. Great ice cream, great pizza, questionable chili. Plus planes are cool and we have a lot of them (including JFK's Air Force 1).

**What are your hobbies:** I like trivia nights, going to see movies, board games of all complexities, playing volleyball, going running, and spending time with the wonderful people I have met here



Kathleen Leeland, PGY1

**Medical School:** Indiana University School of Medicine

**Hometown:** Fort Wayne, IN

**Career Goal:** General Pediatrician

**One word to describe our program:** Supportive

**What are your hobbies:** I love to spend time outside and visit the various parks around Dayton.



# Maddie Mantyla-Eippert, PGY1

**Medical School:** University of Cincinnati College of Medicine

**Hometown:** Midland, MI

**Career Goal:** Endocrinology or Emergency

**One word to describe our program:** Supportive

**What you like most about our program:** Coming from a very large academic center (which was great in its own way), I really wanted to experience a more community focused style of healthcare. I also realized that a moderate-sized program would facilitate a deeper sense of community with my co-residents and attendings while also providing strong experiences in the subspecialties I am interested in. I am so thankful I had those priorities because they have both truly been my favorite part of training so far! Dayton Children's takes the duty of taking care of the local community so seriously- I was most blown away by the response to the problem of food insecurity by screening all clinic patients and actually providing several days of healthy food at the time of the visit for those who need it. I've also been impressed by how well attendings know all of my co-residents and how available they are when needs arise. That level of support is matched by the senior residents in the work-room. If I voice a question I immediately have multiple people offering to help, even if they aren't my direct seniors. I also had a nurse educator remember by interest in endocrinology just from meeting me at orientation, then offer me a spot on the glycemic control committee in a lunch line when she recognized me! My motto has always been, "you become like the people you spend time with," and in residency you spend most of your time with co-workers. I would be proud to become more like all of my residents and attendings. Finally, I've also been able to see so many interesting and complex cases in my first month and have experienced so much growth in my clinical decision making. There is no educational sacrifice being at a smaller children's hospital- if anything the accessibility of attendings for education makes each encounter more fruitful for learning. The last thing I want to add is that your value as a human being outside of your identity as a doctor is valued here. With both my husband and I being residents, I was nervous about a program being willing to work closely with me to ensure we had time off together. I have always felt actively supported in this endeavor and it hasn't been at all stressful like I expected it to be.

**What you like about Dayton, OH:** My husband and I were able to buy our dream house, even on a residency budget! Cost of living is fabulous, but there is still so much to do! Access to both "outdoorsy" or "city" activities is very easy. Also about equidistant to Columbus and Cincinnati gives you the best of three worlds. The food scene is underrated, for sure.

**What are your hobbies:** I am super passionate about animal rescue. In my free time, I screen adoption applications for Louie's Legacy Rescue and have several rescued fur babies. My husband and I have also gotten pretty into pickleball and Orange Theory Fitness!



# Ted Olenick, PGY1

**Medical School:** Idaho College of Osteopathic Medicine

**Hometown:** Pocatello, ID

**Career Goal:** General Pediatrician or Peds GI

**One word to describe our program:** Collaborative

**What you like most about our program:** The ability to see lots of patients, while also being around amazing residents who are willing to teach! This group really made me and my family feel like home.

**What you like about Dayton, OH:** We like how green it is, and how great of a location it is! Besides the fun things in Dayton (breweries, parks, air show), you are close to many other cities and activities!

**What are your hobbies:** My wife and I, being from the Pacific Northwest, love to be outdoors! We both are also competitive when we play sports or board games, so be ready :) In my spare time, I enjoy Notre Dame Football, all Chicago sports teams (Go Cubs), and a nice walk with our dog. If I'm feeling super lazy, I will geek out watching Lord of the Rings all day.



Connor Rettig PGY1

**Medical School:** University of Pikeville Kentucky College of Osteopathic Medicine

**Hometown:** Centerville, OH

**Career Goal:** Fellowship - Interested in Neonatology

**One word to describe our program:** Supportive

**What you like most about our program:** The combination of DCH being a freestanding Children's Hospital with a medium program size offering high patient acuity and volume of care attracted me to the program.

**What you like about Dayton, OH:** Affordable living with something to do for everyone. There are many hiking trails, restaurants, and options for entertainment.

**What are your hobbies:** I enjoy cooking, trying new bourbon/ local beers, and golf. Recently have started to play pickleball



# Danielle Robinson, PGY1

**Medical School:** Ohio State University College of Medicine

**Hometown:** Elizabethtown, KY

**Career Goal:** General Pediatrician

**One word to describe our program:** Supportive!

**What you like most about our program:** I was looking for a medium sized program with a good census and access to resources in the hospital as well as in outpatient clinics. Initially, that is why I started looking into DCH, but I was pleasantly surprised by how much everyone cares about you as an individual instead of just as a number.

**What you like about Dayton, OH:** There are so many metro parks and bike paths around Dayton and it's a great brewery city! Dayton is close to Cincy and Columbus, both of which are also very fun cities.

**What are your hobbies:** I have a 10-year shepard mix named Charlie and 2 cats (Lilly and Hank) who take up a lot of my free time. Otherwise, I enjoy watching the Reds and Bengals, weight lifting, reading, being outside, and trying new restaurants.



# Caleb Schreiner, PGY1

**Medical School:** Liberty University College of Osteopathic Medicine

**Hometown:** Louisville, KY

**Career Goal:** Pediatric Cardiologist

**One word to describe our program:** Friendly

**What you like most about our program:** The patient volume, quality of education, and friendliness of the attending/residents

**What you like about Dayton, OH:** Still learning but the dining options are great and the river trails are fun.

**What are your hobbies:** All things nerdy. Board games anytime.



Chris Schreiner, PGY1

**Medical School:** LUCOM

**Hometown:** Louisville, KY

**Career Goal:** General Pediatrician or Pediatric Cardiologist

**One word to describe our program:** Welcoming

**What you like most about our program:** The quantity and variety of patients, and how kind and inviting people were.

**What you like about Dayton, OH:** Lots of activities, varied restaurants, and interesting cocktail bars.

**What are your hobbies:** I love to cook, play volleyball, host movie nights, and ski.





# Aleeya Shareef, PGY1

**Medical School:** Boonshoft School of Medicine at Wright State University

**Hometown:** Cincinnati, OH

**Career Goal:** PICU, EM, or GI

**One word to describe our program:** Community

**What you like most about our program:** I love that DCH has such a welcoming and supportive atmosphere. Everyone is so personable and approachable.

**What you like about Dayton, OH:** It's a great sized city with a delicious food scene. It's also really close to Cincinnati and Columbus for quick day trips.

**What are your hobbies:** Watching TV/movies, listening to music, tennis, dancing, eating, and traveling



Daniel Woo, PGY1

**Medical School:** Liberty University College of Osteopathic Medicine

**Hometown:** Clarksville, MD

**Career Goal:** Undecided

**One word to describe our program:** Quirky

**What you like most about our program:** Family vibes and volleyball!

**What you like about Dayton, OH:** No traffic!

**What are your hobbies:** Volleyball, Rockclimbing, Magic the Gathering, & Rollerblading!



# Aimee Yeates, PGY1

**Medical School:** University of Arkansas for Medical Sciences

**Hometown:** Bentonville, AR

**Career Goal:** Be an amazing pediatrician!

**One word to describe our program:** Awesome!

**What you like about Dayton, OH:** Dayton is a nice area to live and doesn't feel huge, which is great for a smalltown girl from Arkansas.

**What are your hobbies:** I like traveling, rock climbing, languages, reading, and hiking.



Elise Yoshinaga, PGY1

**Medical School:** Wright State University Boonshoft School of Medicine

**Hometown:** Mansfield, MA (small town south of Boston)

**Career Goal:** PICU

**One word to describe our program:** Bright

**What you like about Dayton, OH:** Fun places to hike, plenty of ice cream shops, and comparatively low cost of living

**What are your hobbies:** I love baking (and searching for inspiration by watching the Great British Bake Off repeatedly), and doing puzzles of all varieties.



Liz Albuquerque, PGY2

**Medical School:** West Virginia University School of Medicine

**Hometown:** Morgantown, WV

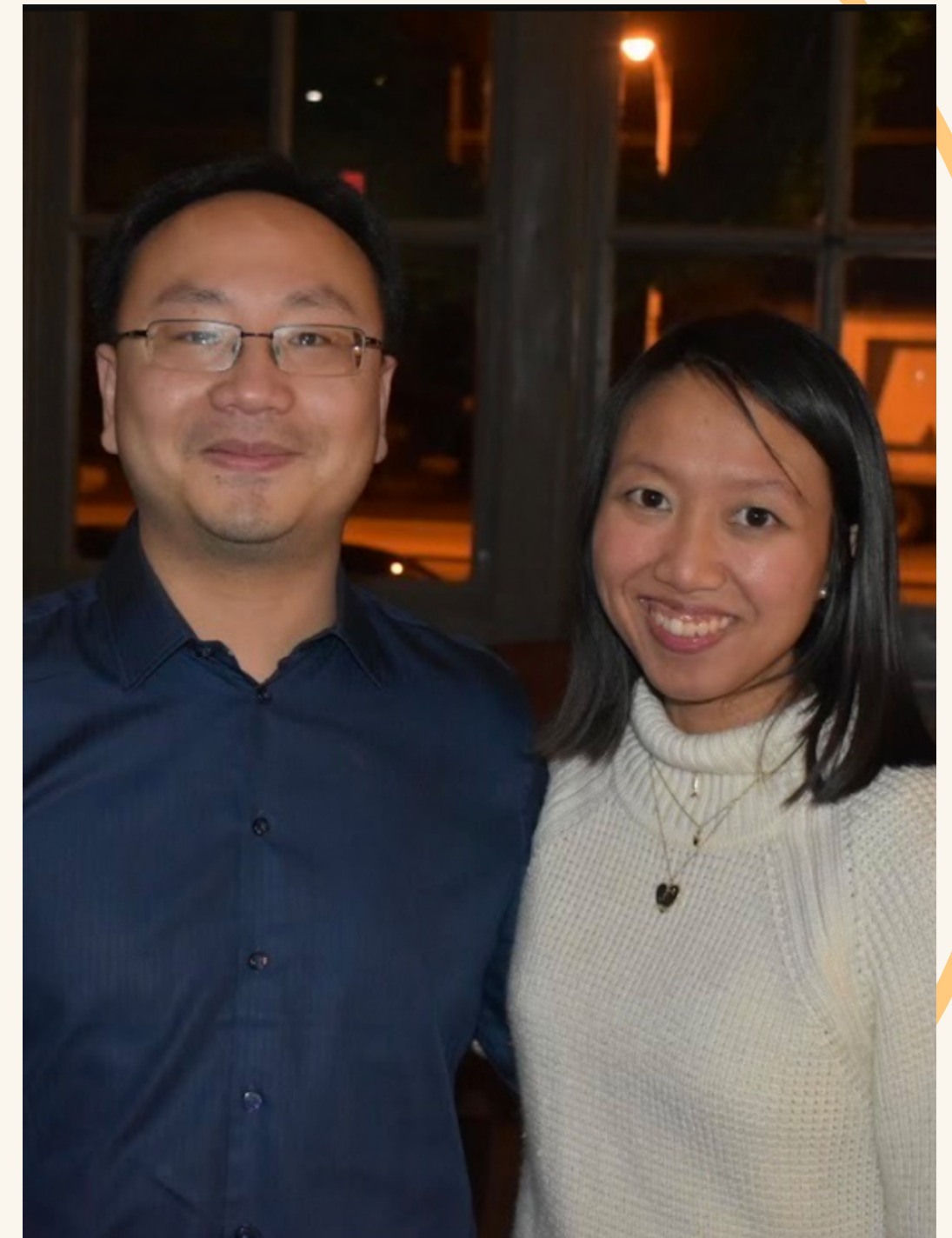
**Career Goal:** General Pediatrics (Clinic)

**One word to describe our program:** Supportive!

**What you like most about our program:** As someone interested in General Pediatrics, I was attracted to the program's focus on a well-rounded pediatric education. The size of the program was not too big or small. Having full-day continuity clinic was also a big draw for me! Despite my interview being virtual, the residents and faculty genuinely wanted to get to know me and were open to answering any questions I had about the program. Their sincere attitudes gave me confidence in the support that I would receive.

**What you like about Dayton, OH:** The people living here are kind and willing to help you! In addition, Dayton has all the things you could have in a city. Downtown has many cultural activities, and the MetroParks and surrounding suburbs are nice escapes. There are many great food and drink options here as well. I'm a big fan of 2nd Street Market and Dorothy Lane Market. You can find me getting coffee at Press or Ghostlight. If you want to explore larger cities, Columbus and Cincinnati are an hour away each.

**What are your hobbies:** I like food, music, nature walks, and hanging out with family and friends!



# Kyra Bufti, PGY2

**Medical School:** Wright State Boonshoft School of Medicine

**Hometown:** Dayton, OH

**Career Goal:** General Pediatrics - but I'm keeping an open mind!

**One word to describe our program:** Compassionate

**What you like most about our program:** The culture of supporting each other through all the good and bad days. Everyone always has your back!

**What you like about Dayton, OH:** My husband and I both grew up in Dayton, met in high school, and then got married here- so we love that we get to be in the same city with both of our families! Dayton might not be a big city, but there's always something fun going on. If you need a place to start, I recommend following Dayton.com and a bunch of our local businesses on social media, and try going to the pop-ups and events around town!

**What are your hobbies:** In my spare time I love to be outdoors exploring the local hiking trails and going to Dayton's many year-round markets and festivals. I also enjoy crocheting, gardening, and keeping up my little "side hustle"- I design and create beaded earrings for a local boutique!



# Cynthia Capellan-Mata, MD

**Medical School:** Universidad Autonoma de Santo Domingo

**Hometown:** Santo Domingo, Dominican Republic

**Career Goal:** Undecided

**One word to describe our program:** Supportive

**What you like most about our program:** I really enjoy how well the residents get along and that patient care is at the center of everything we do. I've felt extremely supported by my Program Director, Chiefs and Co-residents as I transition from a non-US healthcare system.

**What you like about Dayton, OH:** There are a lot of outdoor activities and opportunities to enjoy the good weather. I like that the traffic is nice, the city's pace is not overwhelming, and there is an interesting spots to explore different cultures.

**What are your hobbies:** I like to be outdoors as much as possible, photograph moments, and dance. I've found many dancing classes around the area and now I'm currently working on my Swing Dance skills.



# Jonathan Colgrove, PGY2

**Medical School:** Kansas City University College of Osteopathic Medicine

**Hometown:** The Colony, TX

**Career Goal:** Outpatient Pediatrics

**One word to describe our program:** Everything

**What you like about Dayton, OH:** It's a great area for families and community activities.

**What are your hobbies:** I love hanging out with my wife and kids. They are the driving factor behind everything that I do. After living in Florida in 2021 and going to Disney world, we turned into huge Disney lovers and our kids will even watch youtube videos of the rides when they miss Florida.





# Rachel Connell, PGY2

**Medical School:** OUWB School of Medicine

**Hometown:** Rochester Hills, MI

**Career Goal:** Outpatient pediatrics

**One word to describe our program:** Motivating

**What you like most about our program:** I love working in a Children's Hospital the majority of the time. We get a wide breadth of patient experience and see a full spectrum of cases sent from local outside hospitals.

**What you like about Dayton, OH:** It quickly transitions from a city to suburbs. I like being able to live in a quiet area while still being 10 minutes away from downtown and plenty of restaurants.

**What are your hobbies:** I have two dogs and three cats, so I spend most of my time outside the hospital petting/walking animals and cleaning up pet hair. I like visiting local coffee shops and breweries and hiking whenever I have the time!



# Julie Flugel, PGY2

**Medical School:** University of South Carolina School of Medicine  
Columbia

**Hometown:** Rochester, NY

**Career Goal:** Outpatient general pediatrics

**One word to describe our program:** Family

**What you like most about our program:** It's the best of everything; it's exactly what I was looking for in terms of class size, hospital volume/acuity, and number of fellowships. Everyone at DCH is so nice. The residents are really valued and taken care of, and we all look out for each other. I love the full day of continuity clinic. There's a huge emphasis on social determinants of health and there are so many onsite resources and providers who can help you take the best care of your patients.



# Hannah Gordon, PGY2

**Medical School:** Ohio University-Heritage College of Osteopathic Medicine

**Hometown:** Canal Fulton, Ohio

**Career Goal:** Outpatient Peds or Adolescent Medicine (women's health rocks!)

**One word to describe our program:** Safe Space :)

**What you like most about our program:** DCH was so warm and welcoming from the start! I fell in love with the program during my interview day and it was history from there! We have such a fun group of residents and attendings who promote a supportive environment that encourages individualized learning and growth. The smaller class size combined with the pathologies and acuity you'll see at a stand alone children's hospital like Dayton Children's makes it such an incredible place to train!

**What you like about Dayton, OH:** Tons of hiking and outdoor spaces to explore! Not to mention the food and brewery scene is IMPECCABLE for a smaller city.

**What are your hobbies:** Yoga, gardening, hiking with my doggo, listening to podcasts (Armchair Expert or bust!), trying new breweries/wineries/restaurants, and exploring farmer's markets for local goodies. I also make a mean Moscow Mule!



# Suzette Grindle, PGY2

**Medical School:** Ohio University Heritage College of Osteopathic Medicine

**Hometown:** Holland, OH

**Career Goal:** Hospital Medicine or General Pediatrics

**One word to describe our program:** Encouraging

**What you like most about our program:** This program has allowed me to grow and learn while still providing plenty of guidance and teaching. DCH has plenty of high acuity patients and learning opportunities while still having the smaller "community hospital" vibes. I also love the diversity of patient populations I am exposed to while working at DCH and on base. Lastly, EVERYONE (residents, attending physicians, nurses, and faculty) is so friendly and welcoming. We really are a family and take care of each other. :)

**What you like about Dayton, OH:** Like DCH, Dayton has LOTS to do while still having "small town" vibes. You can go shopping and hiking all in the same day. The MetroParks are awesome and we have some great biking trails in the area. For foodies, there is tons of fantastic, unique restaurants and breweries to check out. In addition, the drive to the hospital is really only 10-20 minutes from anywhere in Dayton. Overall, Dayton is super accessible and a great place to live!

**What are your hobbies:** I am an avid reader and movie-buff. On the weekends, I can be found wandering through second-hand bookstores and thrift shops. I love to go hiking and exploring, especially national parks. I also enjoy trying new recipes and traveling to different places in the U.S. and abroad. I am a plant mom and I always celebrate taco Tuesday!



# Grace Hilvers, PGY2

**Medical School:** Wright State Boonshoft School of Medicine

**Hometown:** Maineville, OH

**Career Goal:** Hematology/Oncology!

**One word to describe our program:** Friendly

**What you like most about our program:** I love how family friendly this program is! My daughter is welcome at any event, and my co-residents have already baby sat for her. It helps me have better work-life balance.

**What you like about Dayton, OH:** There are plenty of great restaurants and breweries (Dayton Beer Company is my fave!) as well as lots to do outdoors when you're not at work.

**What are your hobbies:** Orangetheory Fitness. Going to concerts (mainly Dave Matthews Band). University of Illinois sports.



Kathleen Mak, PGY2

**Medical School:** Touro College of Osteopathic Medicine California

**Hometown:** San Francisco, CA

**Career Goal:** Outpatient clinic

**One word to describe our program:** Giggly

**What you like most about our program:** The meatloaf, but the people are nice too

**What you like about Dayton, OH:** You can stumble onto a metropark trail almost anywhere

**What are your hobbies:** Holding cute babies, finding hidden trails, sunshine, cooking



# Harsh Patel, PGY2

**Medical School:** Ohio University-Heritage College of Osteopathic Medicine

**Hometown:** West Chester, OH

**Career Goal:** PICU

**One word to describe our program:** Caring

**What you like most about our program:** 1. The welcoming nature of leadership, residents, attendings, and ancillary staff. 2. The structured didactic schedule. 3. All the "perks" the program offers.

**What you like about Dayton, OH:** It's a great mid size city that offers enough during busy residency years, also if you want big city vibes it's only an hour drive from Cincinnati and Columbus.

**What are your hobbies:** Sports, working out, traveling



# Rachel Patterson, PGY1

**Medical School:** Oregon Health & Science University School of Medicine

**Hometown:** Woodland Park, CO

**Career Goal:** General Pediatrics

**One word to describe our program:** Encouraging

**What you like most about our program:** I love the opportunity to train in different environments on Wright-Patterson Air Force Base and at Dayton Children's Hospital. There is exposure to a very diverse patient population that allows you to become a well-rounded pediatrician. Plus, the residents and faculty members are so welcoming and amazing people.

**What you like about Dayton, OH:** As a smaller city, Dayton has a lot of offer from metro parks to Broadway shows to trivia nights at local breweries with the benefit of no traffic.

**What are your hobbies:** Spending time at local coffee shops, jigsaw and crossword puzzles, walking around the metro parks





# Chris Seiboldt, PGY2

**Medical School:** Rush Medical College

**Hometown:** Naperville, IL

**Career Goal:** Pediatric Gastroenterologist

**One word to describe our program:** Passionate!

**What you like most about our program:** The people! DCH is a welcoming environment surrounded by passionate people dedicated to giving kids the best treatment possible.

**What you like about Dayton, OH:** There is always a new bike/hiking trail to explore!

**What are your hobbies:** I enjoy being outdoors and grabbing lunch/dinner outside with friends.



# Grace Stammen, PGY2

**Medical School:** Midwestern University Chicago College of Osteopathic Medicine

**Hometown:** Saint Henry, OH

**Career Goal:** Hematology & Oncology

**One word to describe our program:** Positive

**What you like most about our program:** As a military resident, I was drawn to the program for the chance to train with civilians at a stand-alone children's hospital. I learn best through direct patient care and knew I would benefit from the large volume of patients here in Dayton.

**What you like about Dayton, OH:** Moving from Chicago, I especially appreciate Dayton for its quick commutes! Whether I'm headed to work, enjoying nature at one of the MetroParks, grabbing a bite or beer downtown, or visiting friends in the suburbs, I am able to drive there at a speed over 10 mph (something that I am not used to).



Scott Weber, PGY2

**Medical School:** Case Western Reserve University School of Medicine

**Hometown:** Dublin, OH

**Career Goal:** Considering outpatient vs nocturnist position

**One word to describe our program:** Family

**What you like most about our program:** I was attracted to this program as it is a free-standing children's hospital, but also is small enough that you get to have great personal relationships with the other residents, attendings, nursing, and ancillary staff.

**What you like about Dayton, OH:** I love that there is no traffic, but still big enough to have most everything you could want in a city!



Michael Wen, PGY2

**Medical School:** Ohio University College of Osteopathic Medicine

**Hometown:** Centerville, OH

**Career Goal:** Enjoy work

**One word to describe our program:** Family-oriented

**What you like most about our program:** Local hospital with a reputation for friendly care.

**What you like about Dayton, OH:** Thriving arts programs

**What are your hobbies:** I enjoy chess.



Kyle Wilkerson, PGY2

**Medical School:** Medical College of Georgia

**Hometown:** Duluth, GA

**Career Goal:** Undecided

**One word to describe our program:** Friendly

**What you like most about our program:** I love how the program encourages teamwork and camaraderie. The residents work well together while in the hospital and clinics, but they also find time to bond with each other outside of work.

**What you like about Dayton, OH:** Dayton has a lot to offer as far as things to do. The metro parks are fun if you love the outdoors. There are also plenty of restaurants and breweries to try out.

**What are your hobbies:** My wife and I love fostering animals. We've been fostering for almost 4 years. I also enjoy going to the movies/watching movies. Large bucket of popcorn with a large drink is an absolute must. Lastly, I love all things Marvel related. Hulk is my favorite character.



# Eric Baughman, PGY3

**Medical School:** Ohio University College of Osteopathic Medicine

**Hometown:** Springboro, OH

**Career Goal:** Hospitalist

**One word to describe our program:** Family

**What you like most about our program:** We are the first lines for most patients who get admitted to our hospital, and get a broad range of experience because of that. We are big enough to attract a lot of rare and unusual cases, but small enough to know all our attendings well.

**What you like about Dayton, OH:** I grew up here, but I love how outdoorsy it is!

**What are your hobbies:** Hiking, cooking (and eating good food!), running



# Marcus Erdman, PGY3

**Medical School:** Penn State College of Medicine

**Hometown:** Erie, PA

**Career Goal:** undecided!

**One word to describe our program:** Snacks

**What you like most about our program:** I love the opportunity to care for diverse patient populations through rotations at both the Dayton Children's and Wright-Patterson Air Force Base. Also, DCH is absolutely BEAUTIFUL and has the CUTEST therapy dogs.

**What you like about Dayton, OH:** The Dayton area has a surprising number of cool restaurants and craft breweries. It also has a really nice MetroParks system for walking/running and enjoying the outdoors.

**What are your hobbies:** My hobbies include running half marathons slowly, putting up Penn State decorations despite being in Ohio State territory, singing out of key, eating free food, and hitting horrible golf shots.



# Nate Fister, PGY3

**Medical School:** Ohio University Heritage College of Osteopathic Medicine

**Hometown:** Columbus, OH

**Career Goal:** Outpatient General Pediatrics

**One word to describe our program:** Supportive

**What you like most about our program:** It's an incredibly supportive learning environment.

**What you like about Dayton, OH:** Lots of great breweries

**What are your hobbies:** Snowboarding, hanging out with my dog





# Emma Friedl, PGY3

**Medical School:** Lincoln Memorial University-DeBusk College of Osteopathic Medicine

**Hometown:** Kenosha, WI

**Career Goal:** Pediatric Hospitalist

**One word to describe our program:** Supportive

**What you like most about our program:** The co-residents are truly my friends. I enjoy my time in and out of the hospital with them. I truly miss them when our schedules don't overlap and we are apart

**What you like about Dayton, OH:** All the restaurants, bigger city like activities going on with all the parks and outdoor activities of more rural areas

**What are your hobbies:** anything I can do with my dogs. Also newly into Orangetheory, great stress reliever



# Paige Hampton, PGY3

**Medical School:** University of Pikeville Kentucky College of Osteopathic Medicine

**Hometown:** Henderson, KY

**Career Goal:** Pediatric Hospital Medicine

**One word to describe our program:** Family

**What you like most about our program:** Everyone is so friendly, lots of autonomy, and the program really promotes residents as teachers.

**What you like about Dayton, OH:** Dayton is close to home for my husband but you also have all the amenities you could want and still have the luxury of being able to go hike and spend time outdoors.

**What are your hobbies:** Sleeping, hanging out with my husband, friends, and dogs! We also love exploring the local restaurants/breweries and MetroParks!



# Meghan Gartner, PGY3

**Medical School:** University of Kentucky College of Medicine (cats by 90)

**Hometown:** Cincinnati, OH

**Career Goal:** Outpatient Gen Peds vs. Urgent Care

**One word to describe our program:** Millie (iykyk)

**What you like most about our program:** DCH was everything I was looking for in a residency match! My ideal program was a smaller one where residents were close-knit and considered each other family, but also gave us the opportunity to see and treat high acuity, high complexity patients. That is truly what you get out of your time here — 50 new besties and a LOT of experience!

**What you like about Dayton, OH:** I'm biased, but Ohio (and the Midwest in general) is a magical place to live. From our corn fields to our chili on spaghetti.... Haha. Kidding. But in all seriousness-- Dayton is truly a hidden gem! You get big city vibes with all the small town feels. There's something for everyone here!

**What are your hobbies:** When I'm not working, I'm out with my sweet baby boy Charlie and husband Alex, going to coffee shops/DLM/Trader Joe's/Target, listening to podcasts or Frank Sinatra, or watching the Bengals!



Jarom Jardine, PGY3

**Medical School:** Kansas City University

**Hometown:** Idaho Falls, ID

**Career Goal:** Air Force Pediatrician

**One word to describe our program:** Team

**What you like about Dayton, OH:** Metro parks and bike paths that are all over make it a fun place to go outside. Downtown Dayton is also a lot of fun, they have several breweries that are cool to check out.

**What are your hobbies:** I like reading, rock climbing, hiking and camping



# Nicole Mercier, PGY3

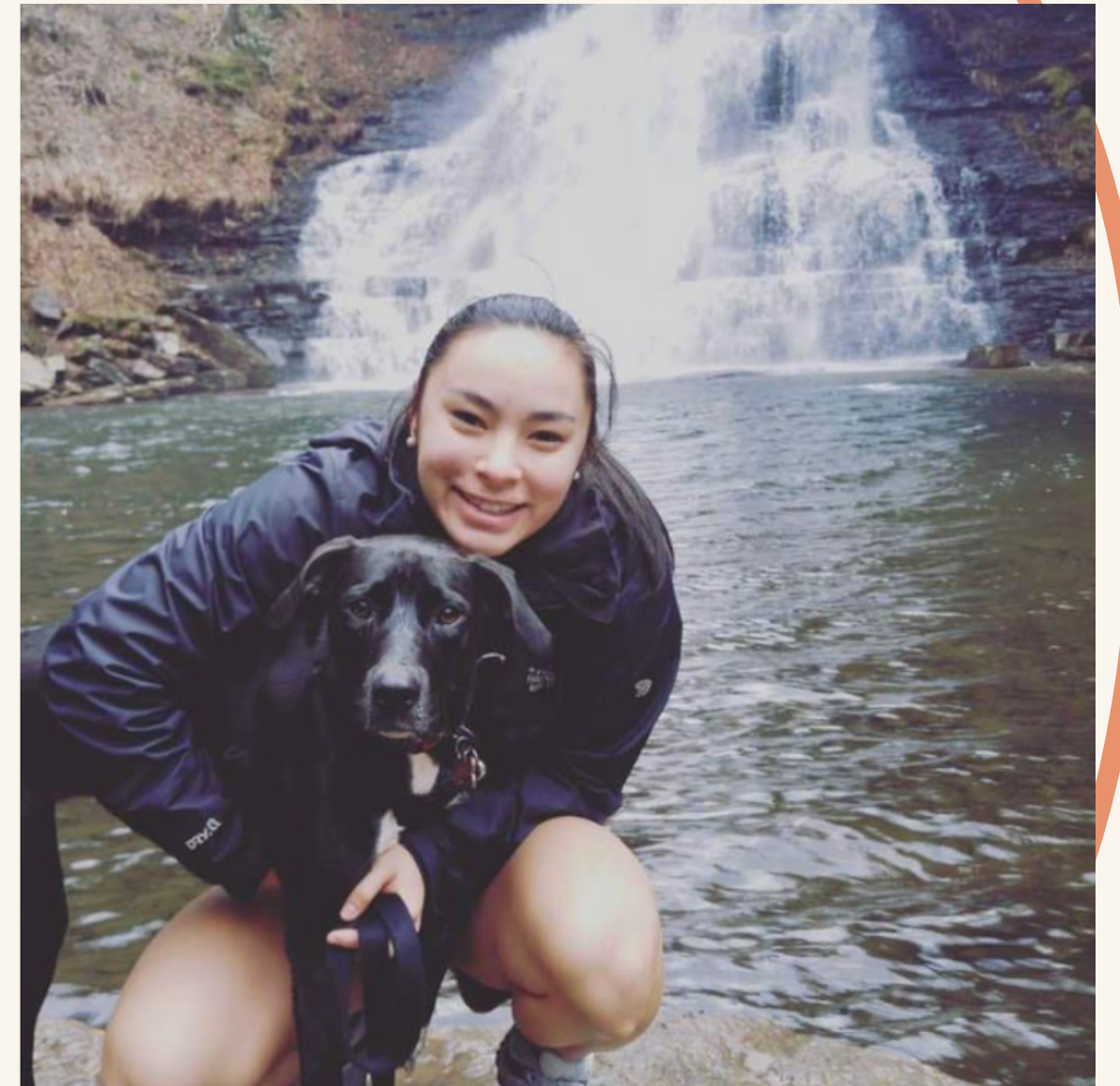
**Medical School:** UAMS

**Hometown:** Roanoke, VA

**Career Goal:** NICU

**One word to describe our program:** Supportive

**What you like most about our program:** The people! When I rotated at DCH/WPAFB as a 4th-year medical student, everyone from the program directors to faculty and residents were so supportive of each other. In addition, I really enjoyed the size of DCH/WPAFB as well as the size of the residency class.



# Alexis Mills, PGY3

**Medical School:** University of Nebraska Medical Center College of Medicine

**Hometown:** Las Cruces, NM

**Career Goal:** I would like to continue to serve my country while becoming a general pediatrician or pediatric endocrinologist!

**One word to describe our program:** Welcoming

**What you like most about our program:** I was attracted to this program by the fact that it is a combined Air Force and Civilian pediatric program that allows residents to experience working in many different settings as well as with many demographics and socioeconomic backgrounds.

**What you like about Dayton, OH:** It is a beautiful area, especially if you enjoy the outdoors. Also, great affordable housing and little to no traffic!

**What are your hobbies:** I enjoy cooking, art and socializing with friends. I was also brought up around the military and so I love to travel!



# Mitch Mitchell, PGY3

**Medical School:** Wright State Boonshoft SOM

**Hometown:** Winston-Salem, NC

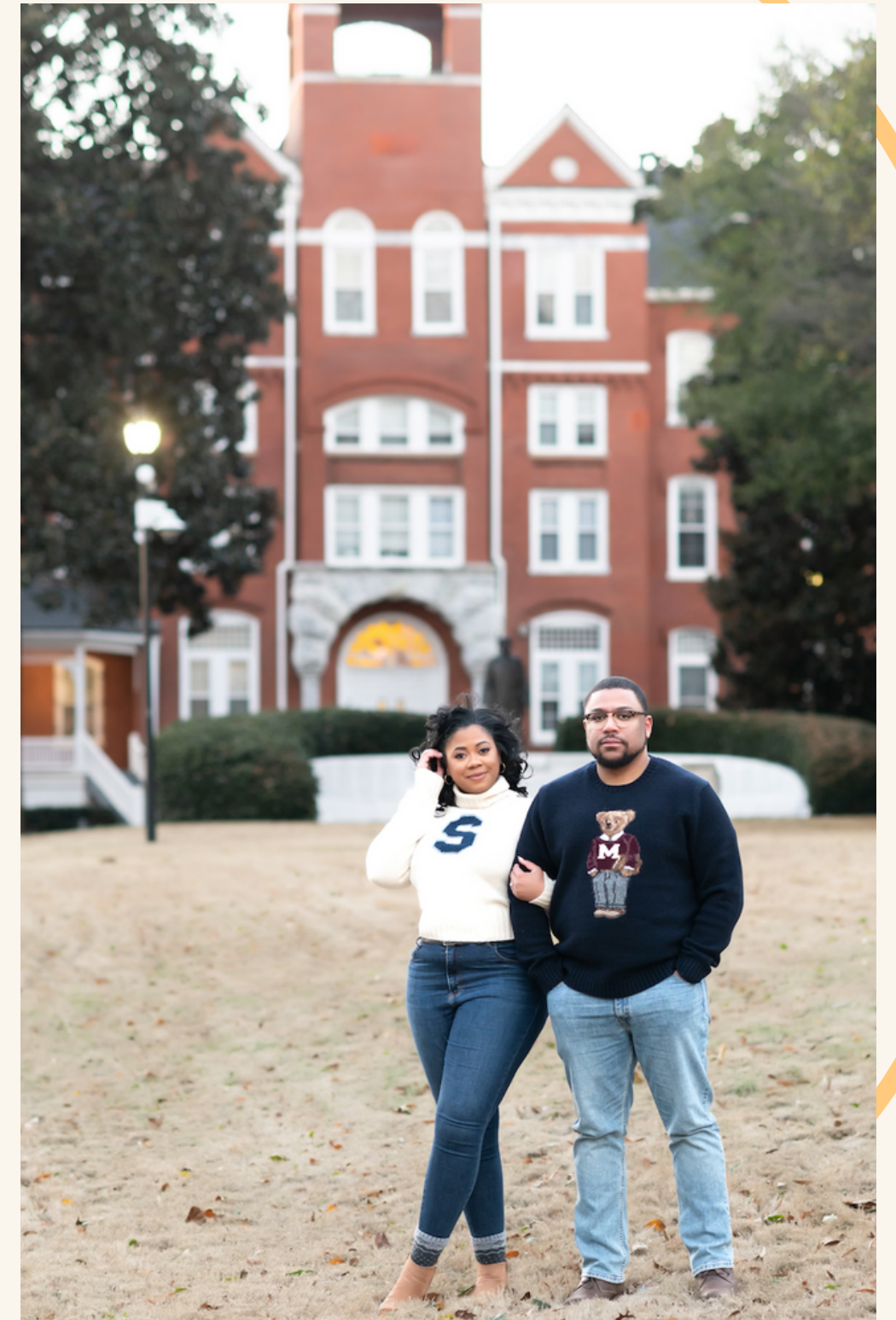
**Career Goal:** Outpatient Pediatrics

**One word to describe our program:** Supportive

**What you like most about our program:** It has been a supportive atmosphere between the residents and faculty.

**What you like about Dayton, OH:** Hardly any traffic. There's a good amount of hidden gems and when there's things you can't find something, Cincinnati and Columbus are only an hour away.

**What are your hobbies:** My name is Mitch and I'm addicted to sports. You keep a score, I'll watch it. Also, brunch is essential and mimosas are mandatory.



# Liz Morrison, PGY3

**Medical School:** University of Pikeville Kentucky College of Osteopathic Medicine

**Hometown:** Crescent Springs, KY

**Career Goal:** general pediatrician or hospitalist

**One word to describe our program:** Family

**What you like most about our program:** The true family aspect - I'm sure you've heard that before. But we really are like a family, protective of each other and focused on spending quality time, both at work and in our free time. It's a great environment to work in, one I feel very loyal to.

**What you like about Dayton, OH:** It's a great mid-size city to live and work in! Our park systems are great, so it's easy to get outside. Fall is especially beautiful here. We have good food options, the Dayton Flyers, and a rich history. The cost of living is wonderful, and you're an hour drive from either Cincinnati or Columbus if you want a bigger city feel.

**What are your hobbies:** I love to cook, read, listen to music, hike, and pet dogs!





# Lack ROSS, PGY3

**Medical School:** Ohio University Heritage College of Osteopathic Medicine

**Hometown:** Westerville, OH

**Career Goal:** Hematology/Oncology

**One word to describe our program:** Exceptional

**What you like most about our program:** I love how close you get to your fellow co-residents. We have such a supportive and caring environment. I also really appreciate the access we have to our attending faculty. Even many of the sub-specialty providers are only a text message away even when you working in clinic and have a question for them they are happy to help!

**What you like about Dayton, OH:** My wife and I enjoy going to all the local breweries. I also like to visit the local mountain bike trail, intramural soccer/volleyball and kayaking with fellow co-residents

**What are your hobbies:** Big Ohio State football fan. Also enjoy watching/playing nearly any other sport especially golf, though many would say my golf game is atrocious.



# Renee Simons, PGY3

**Medical School:** Campbell University School of Osteopathic Medicine

**Hometown:** Mount Vernon, OH

**Career Goal:** Pediatric Hematology/Oncology

**One word to describe our program:** Family

**What you like most about our program:** During interviews, I felt a genuinely caring community amongst the faculty and residents that has proven to be true. As a mom, I was looking for a program that wouldn't make me feel guilty for having a family or make me feel like less of a contributing resident. At the same time, I didn't want to sacrifice the quality of education or opportunities. This residency program has far exceeded my expectations in all aspects!

